



**Ubon Ratchathani University Announcement**  
**Subject: Preventive Measures against the Outbreak of the Novel Coronavirus 2019**  
**(COVID-19) Infectious Disease**  
**(No. 3)**

This announcement is issued with reference to the university's Announcement on Measures and Surveillance of the Coronavirus Outbreak dated 27 January 2020 and Announcement on Countries and Territories under Consideration for the Implementation of the Measures and Surveillance of the Coronavirus dated 23 February 2020.

Due to the fact that the outbreak situation of the new infectious Coronavirus 2019 (COVID-19) has become more severe with infected cases in many countries around the World with many human-to-human infections, Ubon Ratchathani University is officially declaring the following preventive measures and surveillance of the spread of the disease in order to prevent its impacts on the health of the students and, as well as the university's operations:

1. Students and staff are to avoid travelling to countries or special administrative regions at risk for COVID-19 or with reports of infected cases during the period from 25 February 2020 to 30 April 2020. The names of these countries or special administrative regions are listed in the Ministry of Public Health's announcement.
2. In the case that any student and/or staff have been granted permission for travel before this announcement came into effect, they should consider cancelling or postponing it until after the time period specified in clause 1.
3. In the case that any student and/or staff have a reason or necessity to fulfill duties abroad which makes it impossible to cancel the travel to countries or special administrative regions a risk for COVID-19 as announced by the Ministry of Public Health, the student or staff must inform the reasons and necessity to the president to consider approval of the travel.
4. Any student and/or staff who have traveled to countries or special administrative regions at risk of COVID-19 as announced by the Ministry of Public Health must strictly follow the attached guidelines for Ubon Ratchathani University's Students and Staff Preventive Measures against the Outbreak of the Novel Coronavirus 2019 (COVID-19), issued by the Disease Control Division of Ubon Ratchathani University. The student and/or staff must also submit their travel details onto the appropriate form which can be accessed via the QR Code attached, or by calling the Disease Control Division of Ubon Ratchathani University Hospital at 045-353900 ext. 7049 or 7050, or 088-6279893 (Contact person: Ms Supreeya Nithipanich).
5. Invitations sent to any individuals from countries outside of Thailand or special administrative regions at risk for COVID-19 as announced by the Ministry of Public Health to attend teaching and learning activities, conferences, seminars, or any other university's activities during the time period of 25 February 2020 to 30 April 2020 must be cancelled or postponed.
6. Students and staff must strictly abide by this announcement.

Issued on the 25<sup>th</sup> of February 2020.

(Assistant Professor Chutinun Prasitpuriprecha)  
President of Ubon Ratchathani University

# **Guidelines for Ubon Ratchathani University Students and Staff on Traveling to Any Countries or Areas with Coronavirus (COVID-19) Outbreak**

Disease Control Division,  
Ubon Ratchathani University Hospital  
25 February 2020

## **Procedures to take before traveling to any countries or areas with reports confirmed of Coronavirus 2019 (COVID-19) infectious disease**

1. Be informed of the countries with reports of the on-going outbreak from the Ministry of Public Health's website: <https://ddc.moph.go.th>
2. Avoid traveling to any of the countries or areas with reports of an outbreak.
3. In the case that the travel is unavoidable, the Personnel Division of the respective faculty or office must report the travel information of the staff and students who have traveled to the countries or areas with reports of an outbreak to the Disease Control Division of Ubon Ratchathani University Hospital by calling the university's internal numbers 7049 or 7050, or 088-6279893 (Contact person: Ms Supreeya Nithipanich). The number provided in the first issue of the university's announcement on COVID-19 issued on 27 January 2020 will no longer be used as the number of contact.

## **Procedures to take after returning from travel**

1. Take leave from class or work, and refrain from participating in the university's activities in which there are a number of attendees.
2. Immediately inform the appropriate contact person of the respective faculty or office and the Ubon Ratchathani University Hospital of one's return by calling the internal numbers 7049 or 7050, or calling the contact person, Ms Supreeya Nithipanich, at 088-6279893 (The number provided in the first issue of the university's announcement will no longer be used as the number of contact.) The university will provide the person with suggestions and follow-up check-ins for symptoms and surveillance of the infection for 14 days from the date of arrival.
3. Stay at home after returning from any of the countries at risk. Avoid contact with others. Avoid going outside. Avoid going to community or public places. Follow the 14-day self-quarantine procedure starting from the date of return as listed below (please note that these procedures also include family members as subjects in the case that the person returning from travel live in a shared accommodation):
  - Keep a separate bedroom and rest room for the person returning from the outbreak area. Avoid sharing a bedroom and rest room with others.
  - Stay in a room with good air ventilation and access to natural light
  - Provide infection protection equipment such as sanitary masks, soap, alcohol gel and gloves for the person returning from the outbreak area and other family members living in the same house.
  - Refrain from sharing personal items such as a handkerchief, towel, drinking glass, and/or phone with others.
  - Wash hands regularly with soap and clean water for at least 20 seconds, or with alcohol gel with at least 60 percent alcohol concentration.
  - Wear a mask, and stay 2 meters away from other family members in the house. To dispose of a used mask, fold and put it in a plastic bag. Close the bag tightly before leaving it in a bin with a lid. Call Ms Sukanya Phanbuppha, a registered nurse at the Infection Control Division at 094-9704453, to schedule a time to properly dispose the garbage at the university's hospital.
  - Clean the accommodation including the bed, tables, chairs, and restroom with 5 percent bleach (Sodium Hypochlorite) (mixing 1 part of bleach with 99 parts of water)
  - Wash clothes, bed sheets, towels, etc., with soap or washing powder and water, or wash them in water at 60-90 degrees Celsius.

- Maintain observation of fever and respiratory infection symptoms, namely coughs, running nose, sore throat, and shortness of breath or difficulty breathing. If any of these symptoms are present, wear a medical mask and immediately inform the Disease Control Division of Ubon Ratchathani University Hospital to arrange a meeting with the doctor.
- Stay in an area that can guarantee immediate and easy travel to the hospital by personal vehicle if critical symptoms were to occur.

## **Form for Reporting Travel Details of Students and Staff**

*as part of the Preventive Measures against the Outbreak of the New Coronavirus 2019 (COVID-19) attached to the announcement of Ubon Ratchathani University issued on the 25<sup>th</sup> of February 2020*

### **1. Guidelines for Ubon Ratchathani University's Students and Staff**



### **2. Form for Recording the International Travel History of Students and Staffs**



### **3. Form for Surveillance of Symptoms of Students and Staff Returning from Any Countries or Special Administrative Regions at Risk for COVID-19 Infection**

