



**EFFECTS OF AN EMPOWERMENT PROMOTION  
PROGRAM ON MOTHERS' PERCEPTIONS OF THEIR  
EMPOWERMENT, SELF-EFFICACY, BEHAVIOR, AND THE  
HEALTH STATUS OF THEIR VERY LOW BIRTH WEIGHT  
NEWBORNS**

**XXXXXXXXXXXXXXXXXXXX**

**A THESIS SUBMITTED IN PARTIAL FULFILLMENT OF THE  
REQUIREMENTS FOR THE DEGREE OF **MASTER OF SCIENCE**  
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